



Phoenix House

School-Based Behavioral Health Intervention & Support Services

There is a positive way to do everything.



What is Behavioral Health?

The development of self-esteem with the cognitive, emotional, and social skills to overcome life's challenges.

- Communication
- Respect
- Kindness
- Healthy habits
- Self-control
- School attendance

Why is it important?

Behavioral health prevention and intervention services have been shown to increase the frequency of positive behaviors.

Behavioral Health Intervention & Support Services

Behavioral Health Intervention & Support Services offers evidence-based prevention and intervention for elementary and secondary school students within Orange County school districts. Our multidisciplinary team is comprised of highly qualified school, mental health, and community outreach professionals.

The goal of the program is to increase positive character attributes and decrease negative behaviors among Orange County's youth.



Family Intervention Strengthening Families Program

- 10-week parenting and life-skills training
- Three-hour evening sessions
- Addresses family related communication, relationships, bonding, and connectedness



Student Based Intervention Positive Action

- Skills-based groups of 5–10 students
- Students referred by staff, parents, or administrators
- Addresses bullying, drug prevention, anger, self-esteem, and conflict resolution



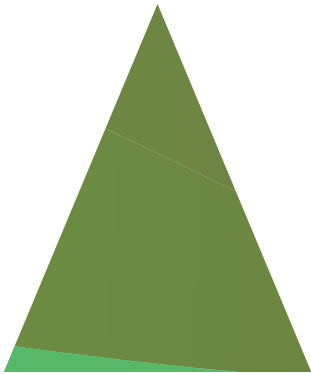
Classroom Prevention Positive Action

- Grades five to nine
- 30-minute lessons, once per week
- Addresses self-concept, peer-pressure, life-skills, decision-making, kindness, and respect

It is your place in the world; it's your life. Go on and do all you can with it, and make it the life you want to live.

~ Mae Jemison

Strengthening Families



Strengthening Families Program teaches family communication and problem solving skills to enhance connectedness and reduce risky behaviors. The program begins with bonding over a family meal, followed by group sessions that teach parenting skills, life skills, and strategies to enrich family relationships.

Positive Action



Positive Action is an evidence-based character education program designed to address problem behaviors, school attendance, and academic achievement.

Positive Action teaches the concept that positive thoughts lead to positive actions, and positive actions lead to positive feelings about yourself. This continuous cycle ensures the development of a positive, healthy, and successful lifestyle.

Positive Action



Positive Action is taught in six units that meet Common Core Standards for each grade level.

1. Self-Concept
2. Positive Actions for Body and Mind
3. Managing Yourself Responsibly
4. Treating Others the Way You Like to be Treated
5. Telling Yourself the Truth
6. Improving Yourself Continually



Funded by: The County of Orange Health Care Agency (OCHCA), Behavioral Health Services, Prevention and Intervention Division, Mental Health Service Act/Prop 63

714 486 0940

1615 E 17th Street, Suite 150
Santa Ana, CA 92705

1 800 DRUG HELP

1 800 378 4435

www.phoenixhouse.org

- ▲ 25% Student safety & well-being
- ▲ 39% School involvement
- ▲ 26% Coordinated teamwork
- ▼ 41% Bullying behaviors
- ▼ 36% Violent behaviors
- ▼ 31% Substance abuse

How We Can Help

Our program utilizes Positive Action, an evidence-based curriculum, which has shown positive outcomes as a result of its implementation.

Projected Outcomes

Both Positive Action and Strengthening Families Program have the potential to increase protective factors including the following:

➤ For the Individual

Improves self-esteem, social and life skills, resistance to negative peer influences, positive interpersonal relationships, and effective communication with others

➤ For the Family

Improves effective parenting, family organization, effective communication, parent-child relationship, and parental mental health

➤ For Schools

Improves school attendance, academic performance, and school safety

Go confidently in the direction of your dreams.

Live the life you have imagined.

~ Henry David Thoreau